

# **mijim ondaadad megwaayaaking**

*(food it comes from a certain place... in the woods)*

## **MENU**

**Sweet Potato**

**Baked Beans**

**Three Sisters salad (squash, corn, beans)**

**Popped Wild Rice**

**Roasted sunchokes (Jerusalem Artichokes)**

**Grilled corn on the cob**

## **Meat/Fish**

**Duck**

**Turkey**

**Goose**

**Beaver**

**Pecan-encrusted Whitefish Filets**

**Lake Trout (smoked)**

**Stir fry leeks, lambs quarters, venison & mushrooms**

**Meat loaf (made with ground venison)**

**Turkey Pumpkin Soup**

**Pumpkin seed corn bread**

**Blueberry cornbread**

**Sweet American Crabapple Sauce**

**Blueberry, elderberry, blackberry and raspberry sauces**

**Pumpkin seed cookies with sun butter**

**Blueberry Fruit Leather**

**Dried Blueberries**

**Chokecherry & pumpkin seed milk smoothies**

## **Teas**

- Ice tea - Sheep sorrel
- Cedar
- Elderberry
- Staghorn sumac & sheep sorrel lemonade (chilled)

## **4 Outdoor Cooking Stations**

- meat on a stick (venison)
- cattail tubers &/corn on the cob
- tea using hot rocks
- flat stone cooking